



Physical Education, First Aid, & Civil Defense Course Information & Registration Procedures Academic Year 2019-2020

FND 110 Physical Education
FND 152 First Aid
FND 153 Civil Defense

Course Coordinator: Karen Varagyan kvaragyan@aua.am

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Office Hours: Monday, Tuesday, Wednesday: 11:00– 12:00 (or by appointment)

Course Description:

University students are required to complete four semesters of Physical Education, and one course each in First Aid and Civil Defense training during their studies. At AUA, Physical Education is scheduled for the first two years, and First Aid and Civil Defense are scheduled during the first year only. **It is the student's responsibility to make sure s/he has fulfilled all requirements. Students must complete these and all requirements in order to graduate from AUA.**

Students who have completed mandatory military service are waived from the Civil Defense and First Aid requirements.

Physical Examination: All students are required to submit a Medical Report which can be obtained from a local primary health care facility (polyclinic). Students are advised to visit the polyclinic during the summer to avoid long waiting times and delays. **Students who do not submit a Medical Report will not be allowed to participate in Physical Education and a hold will be put on the student's account.**

Students must successfully complete Physical Education, First Aid and Civil Defense in order to graduate.

Grading:

- Physical Education, First Aid, and Civil Defense are graded on a Passed (P) / Not Passed (NP) basis.
- In order to receive a "P" grade in Physical Education, students must have satisfactory attendance and participation.
- ***Students cannot graduate with an NP on their transcript. NPs must be retaken. Under current AUA policy, student can only retake 4 courses during the entire period of undergraduate study at AUA.***

Registration:

- **During course registration, all Freshman and Sophomore students must register in im.aua.am for Physical Education under FND 110 and choose one of the sections. There are over 40 sections of Physical Education to choose from.**
- The AUA Registrar automatically registers Freshman students for First Aid and Civil Defense under FND 152 and FND 153. Students will take First Aid and Civil Defense training delivered online, via Moodle: <http://moodle.aua.am/course/index.php?categoryid=34>
- Students who have not completed their First Aid or Civil Defense requirements by the end of their sophomore year must register for these courses first with the Registrar's Office, then on Moodle. Students who have received an NP must retake the relevant course.

- For further information about the Physical Education courses and registration process in general, and/or questions about specific sections offered at AUA, please contact Karen Varagyan, Phys Ed Coordinator (kvaragyan@aua.am).

Exemption from Physical Education courses:

AUA *may* grant a medical exemption for a medical condition or conditions that prohibit a student from participating in Physical Education. The procedure to apply for medical exemption is as follows:

1. Submit a **medical doctor's certification letter** on the doctor or facility's letterhead dated within the past 6 months to the AUA Nurse (room 601 M) by the end of the add/drop period. Medical documents should be submitted in a sealed envelope with the student's name written or typed on the outside – this is for the purpose of maintaining the confidentiality of medical information. The letter must contain the following information:
 - a. The medical condition
 - b. An explanation of why the condition should medically exempt the student from participating in Physical Education courses
 - c. The time period for this exemption; either
 1. **Temporary** exemption due to acute illness or injury – the letter must state when the student can begin participation, or
 2. **Permanent** exemption due to chronic or untreatable condition that would exempt participation in Physical Education throughout undergraduate academic studies
 Please note: If you had a medical reason for not participating in FND 110 courses during the previous academic year, then the letter must clearly state the time period and the medical condition that prevented your participation.
 - d. The doctor's full contact information
- b. After receiving the medical doctor's certification letter, the AUA nurse will review the information contained in the letter and make one of the following determinations:
 - a. Accept the medical exemption for the specified time period and notify the Registrar's Office for the student's academic records
 - b. Contact the doctor for further information in order to make an informed decision
 - c. Deny the request for medical exemption based on lack of sufficient rationale.

NOTE: As of Fall 2019, Alternate Physical Education is no longer available.

Military Service Waiver

Students who have successfully completed military service will be waived from completing

FND 152 First Aid, and
FND 153 Civil Defense

Once a student has returned from military service, the Registrar will indicate on the student's record that the student is waived from these two courses.

For further information about the FND 110, 152 or 153 courses, please contact the Phys Ed Coordinator, Karen Varagyan at kvaragyan@aua.am.